

# THE BOOK OF EPHESIANS

## PAUL'S PRISON EPISTLE TO THE EPHESIANS

## CHAPTER 5:19-21

TAPE # WN 243 ~ DATE: April 15, 1998

**TITLE:**

## “Being Under His Control”

## **SEATED IN THE HEAVENLIES IN CHRIST JESUS**

**SUB-TITLE:**

## “The Growing Up” of a Healthy Church

## THEME:

## Ephesians 1:3

Blessed be the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly places in Christ,

## Introduction: The Reading of the Text      vv. 19-21

## **Ephesians 5:19-21**

**speaking** to one another in psalms and hymns and spiritual songs, **singing** and making melody in your heart to the Lord, <sup>20</sup> **giving thanks** always for all things to God the Father in the name of our Lord Jesus Christ, <sup>21</sup> **submitting** to one another in the fear of God.

# What Affords Us this Freedom is verse 18

## 1.) What is a Spirit-Filled?

vv. 18

And do not be drunk with wine, in which is dissipation;  
**but be filled** with the Spirit.

# What It's Not

Walking the line as a Christian - "just how close can I get

## Proverbs 31:1-5

The words of King Lemuel, the utterance which his mother taught him: <sup>2</sup> What, my son? And what, son of my womb? And what, son of my vows? <sup>3</sup> Do not give your strength to women, nor your ways to that which destroys kings. <sup>4</sup> It is not for kings, O Lemuel, it is not for kings to drink wine, nor for princes intoxicating drink; <sup>5</sup> Lest they drink and forget the law, and pervert the justice of all the afflicted.

## Proverbs 31:6-7

Give strong drink to him who is perishing, and wine to those who are bitter of heart. Let him drink and forget his poverty, and remember his misery no more.

## “But be filled”

is to brought under the control of the Spirit in every area of our lives

**Our Mind - Our Spirit - Our Bodies**

## 1 Thessalonians 5:23

Now may the God of peace Himself **sanctify** you completely; and may your whole spirit, soul, and body be preserved blameless

Now may the God of peace Himself **sanctify** you completely...

This is Accomplished when He has all of you,  
and you have all of Him

# You do have all of Him

But Does He Have All of You?  
a spirit filled life, is a yielded life

*(The “Willing” of a Who you are)*

## The Need to be Filled:

### Acts 1:4-5

And being assembled together with them, He commanded them not to depart from Jerusalem, but to wait for the Promise of the Father, "which," He said, "you have heard from Me; <sup>5</sup> for John truly baptized with water, but you shall be baptized with the Holy Spirit not many days from now."

## The Activity of Being Filled:

### John 14:16-19

"And I will pray the Father, and He will give you another Helper, that He may abide with you forever-- <sup>17</sup> the Spirit of truth, whom the world cannot receive, because it neither sees Him nor knows Him; but you know Him, for He dwells with you and will be in you. <sup>18</sup> I will not leave you orphans; I will come to you. <sup>19</sup> A little while longer and the world will see Me no more, but you will see Me. Because I live, you will live also."

## The Purpose for Being Filled:

### Acts 1:8

"But you shall receive power when the Holy Spirit has come upon you; and you shall be witnesses to Me in Jerusalem, and in all Judea and Samaria, and to the end of the earth."

## The Result of Being Filled:

### Acts 2:4

And they were all filled with the Holy Spirit and began to speak with other tongues, as the Spirit gave them utterance.

## 2.) How to be Spirit-Filled

### Luke 11:11-13

"If a son asks for bread from any father among you, will he give him a stone? Or if he asks for a fish, will he give him a serpent instead of a fish? <sup>12</sup> Or if he asks for an egg, will he offer him a scorpion? <sup>13</sup> If you then, being evil, know how to give good gifts to your children, how much more will your heavenly Father give the Holy Spirit to those who ask Him!"

## The Need for Filling/Baptizing is Now

(THE MODERN DAY APPLICATION OF THE SPIRIT)

## Peter called to Cornelius' House

### Acts 10:44-45

While Peter was still speaking these words, the Holy Spirit fell upon all those who heard the word. <sup>45</sup> And those of the circumcision who believed were astonished, as many as came with Peter, because the gift of the Holy Spirit had been poured out on the Gentiles also.

**Acts 2:17-18**

'And it shall come to pass in the last days, says God, that I will pour out of My Spirit on all flesh; your sons and your daughters shall prophesy, your young men shall see visions, your old men shall dream dreams. <sup>18</sup> And on My menservants and on My maidservants I will pour out My Spirit in those days; and they shall prophesy.

# The Person and Work *of the Holy Spirit*

The Holy "Spirit" is Known to us as the Third Person of the Trinity of God. God is One but He exists in and through three distinct persons

## The Father

**2 Corinthians 1:2**

Grace to you and peace from God our Father and the Lord Jesus Christ.

## The Son

**I John 5:20**

And we know that the Son of God has come and has given us an understanding, that we may know Him who is true; and we are in Him who is true, in His Son Jesus Christ. This is the true God and eternal life.

## The Spirit

**Acts 1:8a**

"But you shall receive power when the Holy Spirit has come upon you;  
and you shall be WITNESSES

*We will never succeed in this life without Him*

## He Co-Indwells the believer

**John 14:16-18**

"And I will pray the Father, and He will give you another Helper, that He may abide with you forever-- "the Spirit of truth, whom the world cannot receive, because it neither sees Him nor knows Him; but you know Him, for He dwells with you and will be in you. "I will not leave you orphans; I will come to you.

## He's Co-Equal to the Father & Son

**I John 5:7**

For there are three that bear witness in heaven: the Father, the Word, and the Holy Spirit; and these three are one.

# He's Co-God in His Very Person

Finally, **Acts 5:3-4**

The Holy Spirit is Called God and is Lied to...

## Being Under His Control

1.) In What We Say

vv. 19a

Verse 19

**speaking...**

to one another in psalms and hymns and spiritual songs,

Verse 19a

1a.) The H.S. will Lead Us in Our Communication      vv. 19a

**speaking...**

to one another

\*

Speaking      GRK    2980 **ialeo** (i-al-eh'-o);

to talk, i.e. utter words that build up. to preach, say, speak!

A desire will be kindled with our hearts to fellowship, to join the ranks of His people, to get together in serving and worship...

### **Colossians 3:15-16**

And let the peace of God rule in your hearts, to which also you were called in one body; and be thankful. <sup>16</sup> Let the word of Christ dwell in you richly in all wisdom, teaching and admonishing one another in psalms and hymns and spiritual songs, singing with grace in your hearts to the Lord.

Verse 19b

1b.) The H.S. will Give Us the Words

vv. 19b

Psalms, hymns and spiritual songs

# A Spirit Filled Life = A Joy Filled Life

There will be a Joyous disposition

## Real - Godly Conversations that Bless People

- Psalms, The words from psalms and scripture
- Hymns, Christian songs that had been written
- And spiritual songs, Spontaneous outbursts of praise

  

- The words you use
- The atmosphere generated by you
- The effect you have by being around others

### Ephesians 4:29-30

Let no corrupt word proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers. <sup>30</sup> And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption.

*The Spirit-Filled Christian Has a Song  
It came from God, and it comes back to God*

## Worship

- spiritual worship, flows out from being spirit filled  
and it will be very biblical in content and & spirit

## Being Under His Control

Is Being Under the Influence of the Holy Spirit,

- A person is easy to get along with
- Easy to reason with
- Easy to communicate with
- Easy to be united with
- All the while, God and His interest is the Focus

## Not being Under His Control

# The Flesh is the Exact Opposite

- Not easy to get along with
- Not easy to reason with
- Not easy to communicate with
- Not easy to be united with
- All the while, They and their interest are the Focus

## Being Under His Control

## Verse 20

singing...

making melody in your heart to the Lord

## 2a.) The Spirit will Empower Us to be Like Jesus

## The Spirit Filled Life is Invincible

## Acts 16:22-25

Then the multitude rose up together against them; and the magistrates tore off their clothes and commanded them to be **beaten** with rods (caning). <sup>23</sup> And when they had laid many stripes on them, they threw them into prison, commanding the jailer to keep them securely. <sup>24</sup> Having received such a charge, he put them into the **inner prison** and fastened their feet in the **stocks**. <sup>25</sup> But at midnight Paul and Silas were **praying** and **singing hymns** to God, *and the prisoners were listening to them.*

## \* Singing & melody

## GRK 5567 psallo (psal' lo):

to touch the surface or to play an instrument  
to celebrate with worship, song and music

## 2b.) The Spirit will Remind Us of Scripture

### **John 14:25-26**

"These things I have spoken to you while being present with you.

<sup>26</sup> But the Helper, the Holy Spirit, whom the Father will send in My name, He will teach you all things, and bring to your remembrance all things that I said to you.

### **Philippians 4:8**

Finally, brethren, whatever things are true, whatever things are noble, whatever things are just, whatever things are pure, whatever things are lovely, whatever things are of good report, if there is any virtue and if there is anything praiseworthy-- meditate on these things.

## Being Under His Control

### 3.) In How We See Things

vv. 20

Verse 20

**giving thanks...**

always for all things to God the Father  
in the name of our Lord Jesus Christ

**All things that are not evil things**

## Family Life Counselors say

The #1 most dangerous threat to unity is an ungrateful heart

A Christian can have a Grateful Heart  
because the Holy Spirit has opened his eyes

## Can You See Me Johnny?

The Spirit will Prompt Us to ask...  
where do I see God in this Thing

The circumstances might not change - but our view can

# Thank and think

come from the same root word if we are thinking, we will be thankful

**1 Thessalonians 5:18**

in **everything** give thanks; for this is the will of God in Christ Jesus for you.  
what is? - **everything!!!**

Tonight,

What if - We Really Believed that everything that happens from now on is of God and God filtered

**II Kings 6:15b-17**

Elisha and His Servant

..."Alas, my master! What shall we do?" 16 So he answered, "Do not fear, for those who are with us are more than those who are with them." 17 And Elisha prayed, and said, "LORD, I pray, open his eyes that he may see." Then the LORD opened the eyes of the young man, and he saw. And behold, the mountain was full of horses and chariots of fire all around Elisha.

*One of the Real Tests is when I miss the Nail with the Hammer*

Being Under His Control

4.) In How We Live This Life

vv. 21

Verse 21

**submitting...**

to one another in the fear of God

Verse 18-21

From vv. 18 to 21, in the Greek Language Forms One Long Sentence  
**ONE THOUGHT EXPRESSED**

4a.) Submission, Toward Others

vv. 21a

# This Submission

sets the Stage for the following verses that deal with husbands and wives  
and children to Parents

## Jesus' Example:

### John 13:1-17

Now before the feast of the Passover, when Jesus knew that His hour had come that He should depart from this world to the Father, having loved His own who were in the world, He loved them to the end.<sup>2</sup> And supper being ended, the devil having already put it into the heart of Judas Iscariot, Simon's son, to betray Him,<sup>3</sup> Jesus, knowing that the Father had given all things into His hands, and that He had come from God and was going to God,<sup>4</sup> rose from supper and laid aside His garments, took a towel and girded Himself.<sup>5</sup> After that, He poured water into a basin and began to wash the disciples' feet, and to wipe them with the towel with which He was girded.<sup>6</sup> Then He came to Simon Peter. And Peter said to Him, "Lord, are You washing my feet?"<sup>7</sup> Jesus answered and said to him, "What I am doing you do not understand now, but you will know after this."<sup>8</sup> Peter said to Him, "You shall never wash my feet!" Jesus answered him, "If I do not wash you, you have no part with Me."<sup>9</sup> Simon Peter said to Him, "Lord, not my feet only, but also my hands and my head!"<sup>10</sup> Jesus said to him, "He who is bathed needs only to wash his feet, but is completely clean; and you are clean, but not all of you."<sup>11</sup> For He knew who would betray Him; therefore He said, "You are not all clean."<sup>12</sup> So when He had washed their feet, taken His garments, and sat down again, He said to them, "Do you know what I have done to you?"

<sup>13</sup> "You call me Teacher and Lord, and you say well, for so I am.<sup>14</sup> "If I then, your Lord and Teacher, have washed your feet, you also ought to wash one another's feet.<sup>15</sup> "For I have given you an example, that you should do as I have done to you.<sup>16</sup> "Most assuredly, I say to you, a servant is not greater than his master; nor is he who is sent greater than he who sent him.<sup>17</sup> "If you know these things, blessed are you if you do them.

## The Submitted Heart

### Philippians 2:3-5

Let nothing be done through selfish ambition or conceit, but in lowliness of mind let each **esteem** others better than himself.<sup>4</sup> Let each of you look out not only for his own interests, but also for the interests of others.<sup>5</sup> Let this mind be in you which was also in Christ Jesus,

\*

Esteem      GRK 2233 **hegeomai** (hayg-eh'-om-ahee);  
to deem or to consider. To judge someone worthy

## The Submitted Heart

can take instruction / can listen to others / can be teachable  
can be loyal / can be faithful / can be obedient

can be fruitful / can be trusted / can be productive / can be useful

# A Submitted Heart is the Heart God Promotes

4b.) Submission, a lifestyle to Practice

vv. 21b

## Jesus' Example

**Mark 9:33-35**

Then He came to Capernaum. And when He was in the house He asked them, "What was it you disputed among yourselves on the road?" <sup>34</sup> But they kept silent, for on the road they had disputed among themselves who would be the greatest. <sup>35</sup> And He sat down, called the twelve, and said to them, "If anyone desires to be first, he shall be last of all and servant of all."

## Jesus' Example

**Mark 10:42-45**

But Jesus called them to Himself and said to them, "You know that those who are considered rulers over the Gentiles lord it over them, and their great ones exercise authority over them. 43 "Yet it shall not be so among you; but whoever desires to become great among you shall be your servant. 44 "And whoever of you desires to be first shall be slave of all. 45 "For even the Son of Man did not come to be served, but to serve..."

??? What do People Need ??? What do You Need ???  
can you do that something to minister that to someone here

4c.) Submission, Leads to Authority

vv. 21c

There is a man-made, man ordained Authority  
and there is a God-made, God ordained Authority

God ordained leadership is marked by  
meekness / humility / gentleness / inspiration at promoting others

## Barnabas' Ministry

## Paul's Personal View

## 1 Corinthians 15:9

For I am the least of the apostles, who am not worthy to be called an apostle,  
because I persecuted the church of God.

James 4:10

Humble yourselves in the sight of the Lord, and He will lift you up.

## 1 Peter 5:5-6

Likewise you younger people, submit yourselves to your elders. Yes, all of you be submissive to one another, and be clothed with humility, for "God resists the proud, but gives grace to the humble."<sup>6</sup> Therefore humble yourselves under the mighty hand of God, that He may exalt you in due time,

## 2 Corinthians 4:5

For we do not preach ourselves, but Christ Jesus the Lord, and ourselves your bondservants for Jesus' sake.

## Review of Points

# Being Under His Control

## 1.) In What We Say vv. 19a

## 1a.) The H.S. will Lead Us in Our Communication      vv. 19a

# Being Under His Control

## 2.) In How We Think vv. 19b

## 2a.) The Spirit will Empower Us to be Like Jesus

## 2b.) The Spirit will Remind Us of Scripture

## Being Under His Control

3.) In How We See Things

vv. 20

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A Christian can have a Grateful Heart  
because the Holy Spirit has opened his eyes

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## Being Under His Control

4.) In How We Live This Life

vv. 21

4a.) Submission, Toward Others

vv. 21a

4b.) Submission, a lifestyle to Practice

vv. 21b

4c.) Submission, Leads to Authority

vv. 21c

# Call Pastors and Elders Forward for Prayer